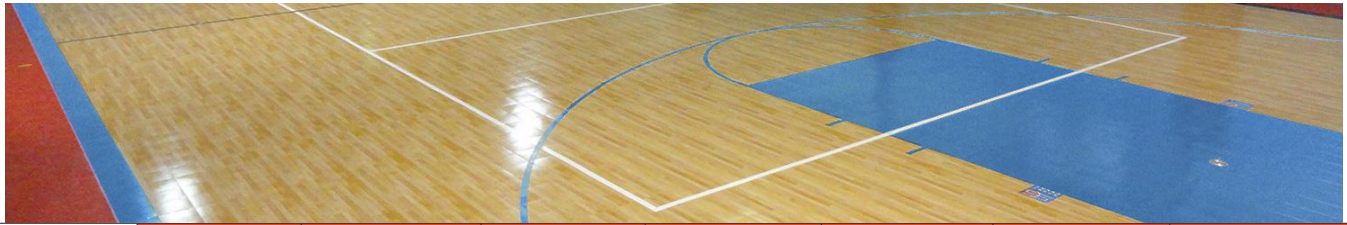


# RECREATION CENTER Gym Schedule

Schedule is also online at:  
[www.rootedinfun.com/Gym](http://www.rootedinfun.com/Gym)



DAY/TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00AM	Pickleball 5-8am	Basketball/ Open Gym 5am-7:50am	Pickleball 5-8am	Basketball/ Open Gym 5-10:50am	Pickleball 5-8am	Closed	Closed	
6:00AM								
7:00AM								
8:00AM	Basketball/ Open Gym 8-8:50am	Fitness Class	Fitness Class		Basketball/ Open Gym 8:10am- 8:50pm	Basketball/ Open Gym 7-8:50am		
9:00AM	Fitness Class	Fitness Class	Fitness Class		Fitness Class	Fitness Class		
10:00AM	Fitness Class	Open Gym 10:10am- 10:50am	Open Gym 10:10am- 10:50am		Open Gym 10:10am- 10:50am	Basketball/ Open Gym 10:10am-8pm		
11:00AM	Fitness Class	Fitness Class	Fitness Class		Fitness Class			
12:00PM	Basketball/ Open Gym 12:10pm to 5:20pm	Pickleball 12-2:30pm	Pickleball 12-2:30pm		Pickleball 12 - 2:30pm			
1:00PM								
2:00PM		Basketball/ Open Gym 2:30- 5:20pm	Basketball/ Open Gym 2:30- 10:00pm		Basketball/ Open Gym 2:30-5:50pm			
3:00PM								
4:00PM	Fitness Class	Fitness Class		Fitness Class	Basketball/ Open Gym 12:10-6:30pm			
5:00PM								
6:00PM	Basketball/ Open Gym 6:40-10pm	Basketball (1 half court)- Volleyball (1 half court) 7:40 - 9:50pm		Basketball (1 half court)- Volleyball (1 half court) 7:10-9:50pm	Closed		Closed	Closed
7:00PM								
8:00PM								
9:00PM								

## Basketball

- Basketballs may be checked out for collateral at the front desk.

## Pickleball

- Max of 4 players per court
- Players must set-up and break-down the nets and sanitize equipment after use.

## Volleyball

- Currently 1 court available during open drop-in times  
**(6 PLAYERS ARE REQUIRED TO SET UP THE VOLLEYBALL NET!)**



Recreation Center  
4005 Kipling St  
Wheat Ridge, CO 80033

(303) 231-1300

[www.rootedinfun.com](http://www.rootedinfun.com)

Updated: 2/24/22

### IMPORTANT INFO:

- Ages 6 & older. Youth under the age of 12 must be accompanied by an adult 18 or older.

# RECREATION CENTER

# Gym Rules and Policies

Schedule is also online at:  
[www.rootedinfun.com/Gym](http://www.rootedinfun.com/Gym)

- Non-Marking athletic shoes only. No street shoes allowed.
- No food, drink, gum, candy or tobacco products allowed in gym.
- Fighting, profanity and vandalism prohibited.
- Kicking of volleyballs and basketballs prohibited.
- Absolutely NO hanging on rims, goals or nets.
- Shoes must be worn at all times.
- Please, no wet swimsuits in gym.
- Not responsible for lost or stolen articles.
- The City of Wheat Ridge has ZERO TOLERANCE for discrimination based on race, color, gender, gender expression, age, national origin, disability, or military status. Patrons are expected to respect the rights and dignity of other patrons regardless of abilities, religion or cultural background.
- Excessive loitering, where it is determined by management to be in conflict with the enjoyment of recreation facilities by other participants, will not be tolerated.
- Persons determined to be inconsiderate of others (derogatory statements, harassment, abusive, or inappropriate language) will be prohibited from recreation facilities.
- All visitors are expected to know and comply with all other policies related to specific areas within the recreation facilities.
- Violators of the above rules will be suspended from the Recreation Center.



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